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**For Immediate Release**

**AMERICAN HOMEPATIENT REPORTS FINANCIAL RESULTS FOR  
THE THIRD QUARTER AND NINE MONTHS ENDED SEPTEMBER 30, 2008**

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BRENTWOOD, Tenn. (October 30, 2008) – American HomePatient, Inc. (OTCBB: AHOM), one of the nation’s largest home health care providers, today announced its financial results for the third quarter and nine months ended September 30, 2008.

Revenues for the third quarter of 2008 were \$65.6 million compared to \$71.3 million for the third quarter of 2007, representing a decrease of \$5.7 million, or 8.0%. Revenues for the nine months ended September 30, 2008 were \$199.0 million compared to \$221.6 million for the same period in 2007, representing a decrease of \$22.6 million, or 10.2%. The revenue decreases for the third quarter and nine months were primarily attributable to a change in inhalation drug product mix and the Company’s de-emphasis of less profitable product lines such as non-respiratory durable medical equipment and infusion therapy.

Operating expenses declined in the third quarter of 2008 compared to the third quarter of 2007 by approximately \$2.3 million, or 6.7%. Operating expenses for the nine months ended September 30, 2008 compared to the same period in 2007 declined by \$4.0 million, or 3.9%. The decreases in operating expenses for the third quarter and nine months were primarily the result of improved operating efficiencies associated with the Company’s branches and billing centers, resulting in reduced operating costs. Areas of focus have included centralization of certain customer service functions, consolidation of branches and branch functions, improved routing and delivery systems, and more effective utilization of leased space.

Earnings before interest, taxes, depreciation, and amortization (EBITDA) is a non-GAAP financial measurement that is calculated as net income excluding interest, taxes, depreciation and amortization. Adjusted EBITDA (EBITDA excluding discontinued operations and change of control expense) was \$12.8 million, or 19.5% of net revenue, for the third quarter of 2008 compared to \$13.1 million, or 18.4% of net revenue, for the same period of 2007. Adjusted EBITDA was \$37.3 million, or 18.7% of net revenue for the nine months ended September 30, 2008 compared to \$39.0 million, or 17.6% of net revenue, for the same period of 2007. The decline in adjusted EBITDA in the current year is primarily the result of the aforementioned revenue decreases partially offset by reductions in operating expenses resulting from improved operating efficiencies and reduced bad debt expense attributable to improvements made in the Company's accounts receivable collection processes. The current year increase in adjusted EBITDA as a percentage of net revenue is primarily attributable to improved operating efficiencies.

Net income for the third quarter of 2008 was \$0.6 million, or \$0.03 per diluted share, compared to net income of \$0.1 million, or \$0.01 per diluted share, for the third quarter of 2007. Net loss for the nine months ended September 30, 2008 was \$(1.0) million, or \$(0.06) per diluted share, compared to a net loss of \$(5.2) million, or \$(0.29) per diluted share, for the same period of 2007. The comparison of net income for the nine months ended September 30, 2008 to the same period in 2007 was affected by the recording in 2007 of a change of control expense of \$5.6 million, partially offset by a gain on discontinued operations of \$2.1 million.

American HomePatient, Inc. is one of the nation's largest home health care providers with operations in 33 states. Its product and service offerings include respiratory services, infusion therapy, parenteral and enteral nutrition, and medical equipment for patients in their home. American HomePatient, Inc.'s common stock is currently traded in the over-the-counter market or, on application by broker-dealers, in the NASD's Electronic Bulletin Board under the symbol AHOM or AHOM.OB.

American HomePatient, Inc. prepares its financial statements in accordance with U.S. generally accepted accounting principles (GAAP). American HomePatient, Inc. also provides information related to non-GAAP financial measurements such as EBITDA, and from time to time, other non-GAAP financial measurements that adjust for certain items outside of the ordinary course of

its business. To enable interested parties to reconcile non-GAAP measures to the Company's GAAP financial statements, the Company clearly defines EBITDA and quantifies all other adjustments to GAAP measurements (see Schedule B). The Company provides EBITDA information, a widely used non-GAAP financial measurement, as a performance measure to assist in analyzing the Company's operations and in comparing the Company to its competitors. The Company provides other non-GAAP financial measurements that adjust for certain items outside of the ordinary course of business in order to assist in comparing the Company's current operating performance to its historical performance. These adjustments typically reflect non-recurring items but sometimes reflect items, such as dispositions of assets and restructuring charges that are not technically non-recurring but are outside of the ordinary course of operations. Investors should note that such measures may not be comparable to similarly titled measures used by other companies, and investors are encouraged to use this information only in connection with the information contained in the Company's GAAP financial statements.

Certain statements made in this press release may constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995. Such forward-looking statements are based on management's current expectations and include known and unknown risks, uncertainties and other factors, many of which the Company is unable to predict or control, that may cause the Company's actual results or performance to materially differ from any future results or performance expressed or implied by such forward-looking statements. These statements involve risks and uncertainties, including, without limitation, risks and uncertainties regarding the upcoming maturity of the Company's secured debt, current and future reimbursement rates, and reimbursement reductions and the Company's ability to mitigate the impact of the reductions. These risks and uncertainties are in addition to risks, uncertainties, and other factors detailed from time to time in the Company's filings with the Securities and Exchange Commission. The Company cautions investors that any forward-looking statements made by the Company are not necessarily indicative of future performance. The Company is not responsible for updating the information contained in this press release beyond the published date, or for changes made to this document by wire services or Internet services.

**American HomePatient, Inc.**  
**Summary Financial Data**

Schedule A

(In thousands, except per share data)

	Three Months Ended September 30,		Nine Months Ended September 30,	
	2008	2007	2008	2007
	(unaudited)		(unaudited)	
Revenues, net	\$ 65,641	\$ 71,291	\$ 199,049	\$ 221,558
Cost of sales and related services	13,562	15,834	41,313	55,072
Cost of rentals and other revenues, including rental equipment depreciation	8,397	10,301	26,465	31,372
Operating expenses	32,560	34,896	100,314	104,347
Bad debt expense	1,284	2,341	4,021	6,914
General and administrative expenses	4,926	4,586	14,521	13,976
Depreciation, excluding rental equipment, and amortization	1,006	842	3,090	2,375
Interest expense, net	3,944	4,014	11,758	12,073
Other income, net	8	(476)	(651)	(1,528)
Change of control (income) expense	(3)	(1,012)	(74)	5,577
Earnings from unconsolidated joint ventures	(1,639)	(1,368)	(4,406)	(4,214)
<b>Income (loss) from continuing operations before income taxes</b>	<b>1,596</b>	<b>1,333</b>	<b>2,698</b>	<b>(4,406)</b>
Provision for income taxes	1,012	1,229	3,692	2,901
<b>Net income (loss) from continuing operations</b>	<b>584</b>	<b>104</b>	<b>(994)</b>	<b>(7,307)</b>
<b>Discontinued operations:</b>				
Income from discontinued operations, including gain on disposal	-	24	-	2,130
<b>Net income (loss)</b>	<b>\$ 584</b>	<b>\$ 128</b>	<b>\$ (994)</b>	<b>\$ (5,177)</b>
<i>Basic income (loss) per common share - Continuing operations</i>	\$ 0.03	\$ 0.01	\$ (0.06)	\$ (0.41)
<i>Basic income per common share - Discontinued operations</i>	-	-	-	0.12
<i>Basic income (loss) per common share</i>	<u>\$ 0.03</u>	<u>\$ 0.01</u>	<u>\$ (0.06)</u>	<u>\$ (0.29)</u>
<i>Diluted income (loss) per common share - Continuing operations</i>	\$ 0.03	\$ 0.01	\$ (0.06)	\$ (0.41)
<i>Diluted income per common share - Discontinued operations</i>	-	-	-	0.12
<i>Diluted income (loss) per common share</i>	<u>\$ 0.03</u>	<u>\$ 0.01</u>	<u>\$ (0.06)</u>	<u>\$ (0.29)</u>

	September 30,	December 31,
	2008	2007
	(unaudited)	
Cash and cash equivalents	\$ 19,897	\$ 11,018
Restricted cash	250	250
Net patient receivables	35,752	44,549
Other receivables	465	593
Total receivables	36,217	45,142
Net inventories	11,054	11,616
Other current assets	6,130	13,099
Total current assets	73,548	81,125
Property and equipment, net	34,247	40,731
Goodwill	122,093	122,093
Other assets	23,516	26,179
<b>Total Assets</b>	<b>\$ 253,404</b>	<b>\$ 270,128</b>
Current portion of long-term debt and capital leases	\$ 234,977	\$ 8,221
Accounts payable	14,220	16,558
Other current liabilities	23,198	31,500
Total current liabilities	272,395	56,279
Long-term debt and capital leases, less current portion	64	236,189
Deferred tax liability	6,760	3,474
Other noncurrent liabilities	51	51
Total liabilities	279,270	295,993
Minority interest	484	550
Total shareholders' deficit	(26,350)	(26,415)
<b>Total Liabilities and Shareholders' Deficit</b>	<b>\$ 253,404</b>	<b>\$ 270,128</b>

**American HomePatient, Inc.**

Schedule B

**Reconciliation of Non-GAAP Financial Measurements to GAAP Financial Statements**

(In thousands)

	<u>Three Months Ended September 30,</u>		<u>Nine Months Ended September 30,</u>	
	<u>2008</u>	<u>2007</u>	<u>2008</u>	<u>2007</u>
	<u>(unaudited)</u>		<u>(unaudited)</u>	
Net income (loss)	\$ 584	\$ 128	\$ (994)	\$ (5,177)
Add:				
Provision for income taxes	1,012	1,229	3,692	2,901
Interest expense, net	3,944	4,014	11,758	12,073
Rental equipment depreciation	6,236	7,965	19,822	23,337
Other depreciation and amortization (Note A)	1,006	847	3,090	2,394
Earnings before interest, taxes, depreciation, and amortization (EBITDA)	<u>\$ 12,782</u>	<u>\$ 14,183</u>	<u>\$ 37,368</u>	<u>\$ 35,528</u>
Change of control (income) expense (Note B)	(3)	(1,012)	(74)	5,577
Discontinued operations (Note C)	<u>-</u>	<u>(24)</u>	<u>-</u>	<u>(2,130)</u>
Adjusted EBITDA	<u>\$ 12,779</u>	<u>\$ 13,147</u>	<u>\$ 37,294</u>	<u>\$ 38,975</u>

Note A: Includes depreciation expense related to discontinued operations for three months and nine months ended September 30, 2007. No discontinued operations for three months and nine months ended September 30, 2008.

Note B: Change of control (income) expense is excluded to determine adjusted EBITDA, as the (income) expense is non-recurring.

Note C: Discontinued operations is excluded to determine adjusted EBITDA, as the gain on disposal is non-recurring.